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BODITRAK Certified Professionals are the leaders in pressure & force mat technology. Our mission is to bring about insight from understanding ground mechanics (how an athlete interacts with the ground) and provide actionable information for you, your students and your team. Used by professionals around the world and on all major tours, we strive to make our products simple and portable to use anytime, anywhere.

The BODITRAK Golf Ground Mechanics online course covers the basics of how, what and why understanding how to use the ground is beneficial in golf instruction. Hosted by PGA Tour coach Mark Blackburn and Dr. Sasho MacKenzie, we take you into the world of ground mechanics and explain the concepts & applications behind this technology.